

Your contribution to success

Language skills

Continually expand your German skills! For example, regularly repeat what you've learnt, read German-language newspapers and watch German TV programmes, make contact with native speakers etc. Mutual understanding is important in all respects and opens up new possibilities.

Punctuality

Keep to agreed times. Inform people in good time if you have a prior engagement or cannot keep an appointment.

Reliability

Stick to agreements. In a team, everyone must be able to rely on each other.

Enthusiasm

Show your agency what you can do and that you want to achieve something. Motivated, interested and enthusiastic people find exciting work quicker.

Sense of responsibility

Carry out your task to the best of your knowledge and abilities. Admit to mistakes and let yourself be corrected. Standing around gives a poor impression.

Independence

Where possible, think and act independently. Show your company that they can rely on you.

Willingness to learn

Take every opportunity to learn something.

Work as a team

Help others and then they will help you.

Politeness and manners

Be polite to customers, colleagues and employers. Use polite forms of language, i.e. 'Sie', unless the other person uses 'Du'.

Organisational skills

Leave your work space clean and tidy.

Persistence

Keep going even if work is occasionally boring. Many goals can be reached with persistence.

Absence

Absence is only permitted in case of serious emergency. Inform your employer immediately and justify the absence.

Appearance

Always come to work appropriately dressed and well-groomed. Pay attention to personal hygiene.


Uncertainty

Please ask if you do not understand something. Asking questions shows that you are interested and also saves considerable trouble.

Support programme for occupational integration of recognised refugees and temporary residents

Internships




 Fachstelle Integration Graubünden
Post specialisà per l'integraziun dal Grischun
Servizio specializzato per l'integrazione dei Grigioni



Englisch

Grabenstrasse 1
7001 Chur

 081 257 26 38

www.hallo.gr.ch
www.fluechtlinge.gr.ch



Internships

Objective

- Complete a work placement of several months in a company.
- Practical application of occupational and language skills.
- Check the quality and quantity of job performance in real day-to-day professional life.
- In a best-case scenario and if required, an employer may offer a training placement, part-time or permanent role at the end of the internship if skills and potential have been visibly demonstrated.

Internship conditions

- The general conditions are agreed, set out in a contract and signed by all parties before the start of an internship. The duration of the internship is agreed on an individual basis.

Specific results and opportunities

- You demonstrate your abilities and skills.
- You have the opportunity to compare yourself and your performance with other workers in real work-related situations and improve your ability to assess yourself and your skills.
- You endeavour to perform your work to as high a standard as possible and present a positive overall impression.
- You make new relationships and acquaintances in the working world.
- Your German skills will improve considerably.
- At the end of the internship, you receive a reference from the employer. A good reference will assist you in finding a job and planning your next steps.

Other possibilities

- Another internship
- Attending additional specialist integration courses
- Job-specific training courses
- A standard apprenticeship
- A part-time or permanent position

